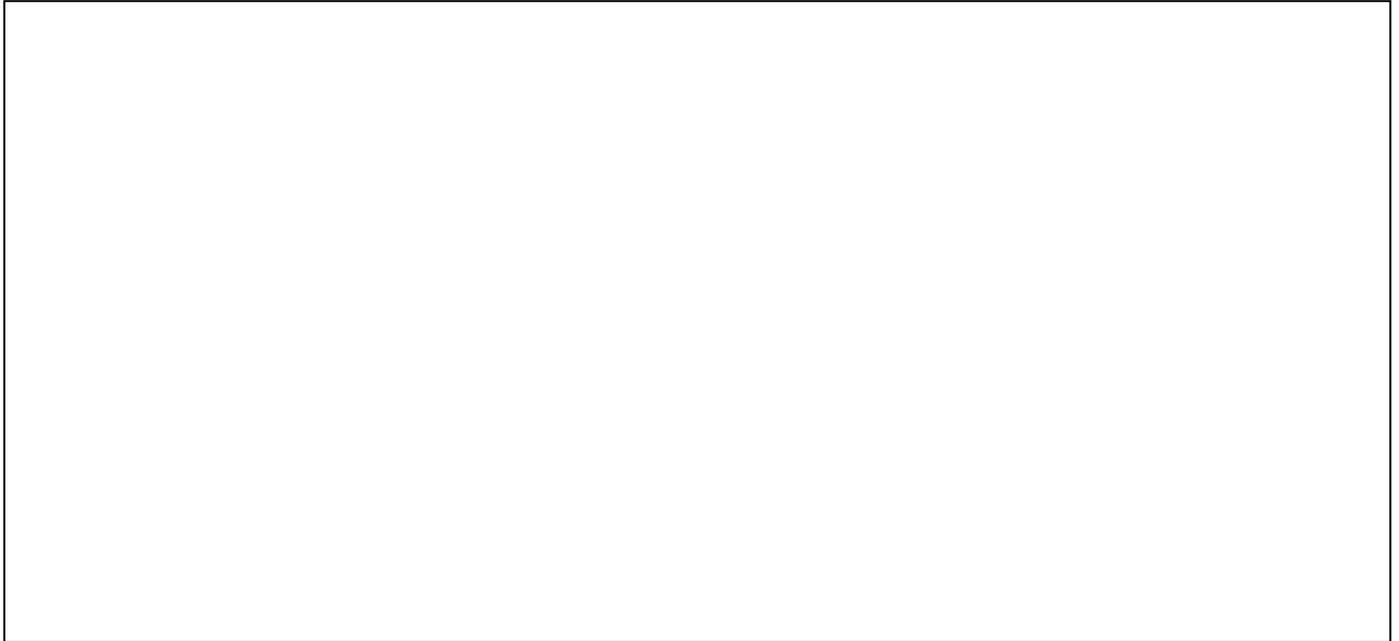## Module 5a: Reflective log

The TSM Toolkit is a reflective process. Your understanding and thinking about its key themes and ideas are going to grow as you work through the modules. You don't have to share this log or write a lot, it is just a tool to help you reflect on everything from the session. It can be rough notes, bullet points, diagrams, a voice note or however you like to record your thoughts.

How did you find the first co-creation session?

How did you find the process of working with the co-creators?

Is there anything else that you're thinking about?