



## Facilitator notes: Module 5a – Getting Comfortable

### What are the aims of the module?

The aim of this module is to get the co-creation group (and the museum) comfortable with the co-creation process.

There are three core aims for this first co-creation session:

1. The group (co-creators and museum staff) get to know each other.
2. Co-creators will understand the project and what their role is.
3. Co-creators will feel safe and comfortable to be themselves in the museum/workshop "space".
4. Co-creators will feel confident challenging the power/authority of the museum and/or understand that their own experiences and expertise are as important/valid as museum expertise.

### What is in this module?

#### Pre-workshop activities

There are two key pre-workshop activities for the first co-creation workshop. The first is to run an **"open day"** for the co-creators. The aim of this activity is to introduce co-creators to the museum and the process. It is up to you how you run this session and whether it would work better to have bookable slots or be run as a drop-in session. The open day can be in-person or online (based on the preferences of your co-creators).

What is it?	Type of activity	What format is it available in?	How long will it take to do?
Run an "open day"	Group (with co-producers)	In-person or online meeting	Depends on your format
Circulate materials in advance (including a schedule for the session)		email	

## Workshop

<b>Introductions</b>	
Part A: introductions to each other	20mins
Part B: introductions to the project	10mins
<b>"Rules of engagement"</b>	
Creating the "rules of engagement"	15mins
<b>Multisensory thinking activity</b>	
Part A: Multisensory descriptions	20mins
Part B: Reflection discussion	10 mins
<b>Break – 25 mins</b>	
<b>Multisensory narrative activity</b>	
Part A: Narrative	15mins
Part B: Object list	20mins
Part C: Reflection discussion	10mins
<b>Wrap up discussion</b>	
Round-up and plans for the next session	5 mins

Total session: 2.5 hours

### Post workshop activities

There are no post-workshop activities for the co-creators. However, there is a **reflective log** for museum staff who attended the workshop.

What is it?	Type of activity	What format is it available in?	How long will it take to do?
A reflective log	Individual (Museum only)	Screen readable/printable worksheet	Approx. 10 mins